

# Risk and Resilience in **Developmental Diversity and Mental Health**



## **Project information**

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# Resilience in mental health and neurodevelopemental diversities

- · Neurodevelopmental diversities (NDDs) as autism, attention deficit / hyperactivity disorder (ADHD), and intellectual disabilities (ID) have a high prevalence of up to 15% of the population.
- · Researchers have long focused on risk factors, omitting the role of resilience in the way individuals positively adapt to adversity even in the presence of risk factors, like genetic mutations or preterm birth
- R2D2-MH proposes a double paradigm shift, not only by integrating resilience factors to its research approach and tools, but also by redefining wellbeing and functioning in a neurodevelopmental diversity approach.



### R2D2-MH approach

R2D2-MH is organized in 6 work-packages that will be implemented in regular communication with the society and stakeholders:





























































