

Adappt

Join our European study !

We are calling for families with children with ADHD or autistic children to participate in a research study aimed at enhancing parents' ability to adapt, as well as supporting their mental health and well-being'.

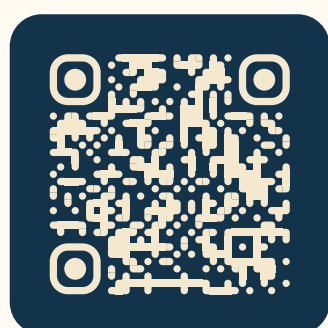
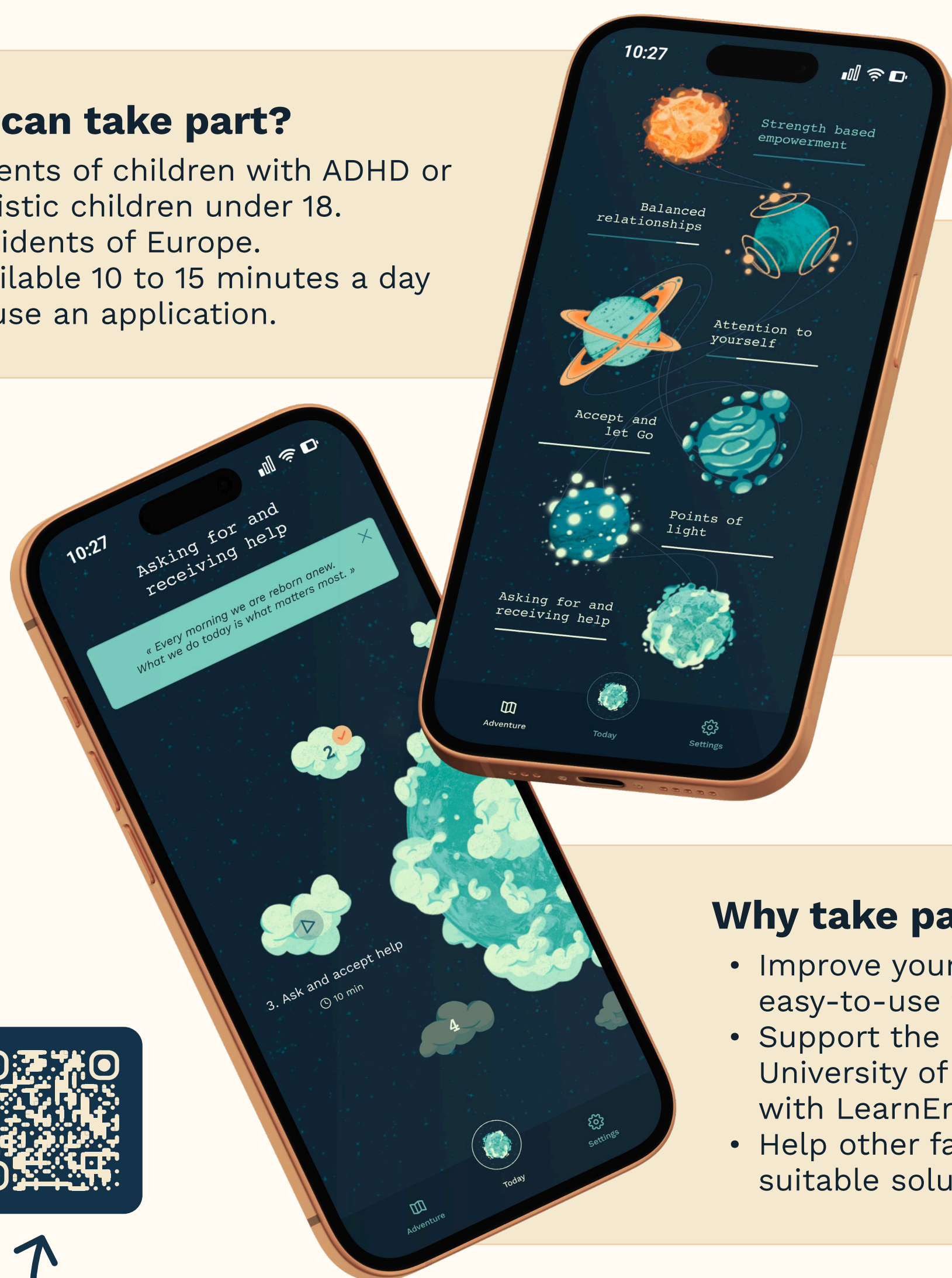


Who can take part?

- Parents of children with ADHD or autistic children under 18.
- Residents of Europe.
- Available 10 to 15 minutes a day to use an application.

What will you have to do?

- Test the Adappt application, designed to support parents in their daily lives.
- Carry out small activities every day to look after your mental well-being.
- Complete 4 questionnaires, one by one during the study



Why take part?

- Improve your personal well-being with practical, easy-to-use tools.
- Support the research being carried out by the University of Twente (Netherlands) in partnership with LearnEnjoy and other European experts.
- Help other families in Europe to benefit from a suitable solution.

How to join ? More information and registration : <https://www.utwente.nl/en/bms/adappt/participate-in-the-study/>